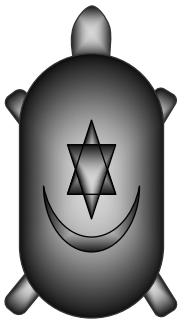

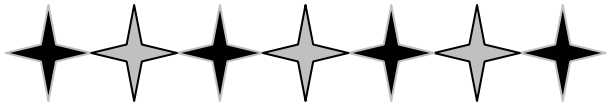

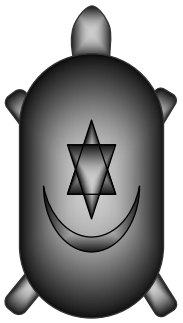

Hide and Seek

What we're saying today
is that you're either
part of the solution
or you're
part of the problem.
– Eldridge Cleaver

It is time to take CONTROL from the inside out!

Where do you fit?

The Practical Application of Living
Your **TRUTH**
A Workshop Series

Where do you WANT to fit?

- You have the **choice**
- It can be **easy** and **manageable**
- The positive effects will ripple throughout your life **creating the change you want to see in the world**

Sage Tozeland: Karuna Reiki® Master/Teacher, Usui Reiki Master/Teacher
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